



Gestalt Therapy Course *„Relationships – a source of pain and satisfaction“*

February 20th-23rd, 2020 in Estonia, Altmõisa

Are you interested in better relationships?
Curious about your patterns and how you interact with other people?

GIS-International in cooperation with Estonian Gestalt Psychotherapists Organisation invites you to a course where you can gain insight into:

- Your personal patterns and unused potential
- What impression you give and how you influence others
- Possible new directions in your life

In this course, you will experience Gestalt methodology and theory combined with practical experiments.

Time

Start: Thursday, February 20th 2020 at 4 pm

End: Sunday, February 23rd 2020 at 4 pm

Place: The beautiful Altmõisa Guesthouse in Tuuru village, Haapsalu, 90426, Läänemaa, Estonia

Price: 350 EUR; *early bird price (until Dec 31 2019)* 275 EUR.

Accommodation 246 EUR (in a double room).

Registration to pre-interview

by e-mail: kaljuveehelen@gmail.com/
teele.oobik@gmail.com

Deadline 15th of January.

Leaders

Helen Kaljuvee-Sepp: Gestalt Psychotherapist (trained in GIS-International), works with individual clients and as a co-leader of GIS-International therapy groups and seminars.

Teele Ööbik: Psychologist, Gestalt Psychotherapist (trained in GIS-International), works with individual clients, couples and groups.

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The course is held in English.

GIS-International is an international accredited psychotherapy institute. We educate Gestalt psychotherapists and organisational consultants. In addition, we offer courses in personal development and leadership.

Participating in this course gives you pre-training hours for studying at GIS-International a Gestalt Psychotherapist.